

Weight Guidance

Item	Weight	Location
Trans Active Extra Ceiling Hoist – bar	280kgs / 44st	Large Accessible Changing Room
<i>Trans Active Extra Ceiling Hoist – sling attachment</i>	(Not Yet Available)	Large Accessible Changing Room
Hydraulic Changing Bed Please be aware it does not go low enough for a safe transfer from wheelchair to bed. Do not use a transfer board.	200kg / 31st	Large Accessible Changing Room
Fold Down Seat	Unknown	Small Accessible Changing Room and Shower area
<i>Blue Transport Chair</i>	120kg / 19st	Large Accessible Changing Room
<i>Oxford Dipper Chairs (for transport only)</i>	140kgs / 22st	Collected from Poolside
Pool Pod Platform (up to two people standing)	250kgs / 39st	Poolside Main Pool
Pool Pod Aqua Wheelchair (basic) Do not use a transfer board	100kg / 15.5st	Collected from Poolside
<i>Pool Pod Aqua Tilt Wheelchair (with full support and child inserts)</i>	127kg / 20st	Collected from Poolside
I-Swim Pool Movable Hoist (Please use with an <i>Oxford Dipper Chair</i>)	135kgs / 21st	Pool Side (Usually located at the small pool)
Small nappy changer	25kg / 3.9st	Nappy changing room and accessible toilet
Large nappy changer	80kg / 12.5st	Nappy changing room and accessible toilet
<i>Banana Transfer Board</i>	120kg / 19st	Collected from Poolside
Emergency Evacuation Chairs	102kg / 16.5st	Various
<i>St John Amb Evacuation Sheet</i>	200kgs / 31st	Poolside

All members must do the following before use:

- visually inspect all equipment and disinfect
- read the manufacturers guidance
- ensure they are competent to use the equipment
- use all safety straps and precautions

All members must carry out their own manual handling risk assessment and methods statement before carrying out manual handling.

All questions about manual handling and equipment should be direct to Everyone Active.

SDSG volunteers are unable to give advice or guidance to the use of equipment or manual handling.

Note: Not all equipment is available during public sessions. Those in *italics* are provided by SDSG. Date last updated: 05/08/2017